



## 3-Minute File Defense Plan

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This guide gives you fast, actionable steps to lock down any file in under 3 minutes. Use it for sensitive drafts, project files, personal records, anything you don't want scanned, copied, or leaked.

### STEP 1: Encrypt the File (with Picocrypt)

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1. Download Picocrypt from <https://github.com/Picocrypt/Picocrypt>
2. Open it, drag your file into the window.
3. Click "Create" and then "Generate" a password, then click Encrypt. **(SAVE THE PASSWORD!!!)**
4. Save the encrypted `.pcv`` file somewhere safe.

*Your file is now encrypted. No install required. Fully local.*

### STEP 2: Make a Local Backup (Air-Gapped)

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1. Plug in a clean USB drive.
2. Copy the encrypted `.pcv`` file to this USB.
3. Store it somewhere safe (drawer, safe, keychain, etc).

*This step protects against device failure, ransomware, or theft.*

### STEP 3: Verify File Integrity (Optional but Strong)

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1. On Linux/macOS: run ``shasum -a 256 yourfile.pcv``  
On Windows: use PowerShell `-> `Get-FileHash yourfile.pcv -Algorithm SHA256``
2. Save the resulting hash to a `.txt`` file or print it out.

*Use this hash to confirm your file hasn't been tampered with.*

Done. Your file is now private, backed up, and integrity checked.

Not perfect. Just yours.

-GHOST

Visit [untraceabledigitaldissident.com](https://untraceabledigitaldissident.com) for the full archive.