



Emergency Go Bag Prep Guide

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When things go sideways, speed and stealth matter more than a trunk full of gear. A real go bag is not a 60-pound backpack with a paracord bracelet. It's a small, surgical kit designed for one job: get you out, keep you quiet, and keep you connected without exposing who you are.

What a Go Bag Is (and Isn't)

- It's **tiny**. Think sling bag, satchel, or something that disappears in your trunk or laptop bag.
- It's **ready 24/7**. You don't unpack it for weekend hikes or random errands. It's sealed and waiting.
- It's **disposable**. If you have to ditch it, you can walk away without regret.

Bug-out bags and survival kits are built for wilderness. Go bags are built for city chaos, police checkpoints, or sudden evacuations. This is where your **emergency comms gear** lives.

A go bag buys you speed and silence. Nothing more. Nothing less.

Core Components

1: Burner Phone and Setup

- **Buy with cash** out of town if possible.
- **No personal SIM**. Use prepaid SIMs bought separately
- **Never log in with your real accounts**.
- **Keep it wrapped**. Store in a **Faraday bag** until it's needed.

This phone isn't for chatting with friends. It's the "Oh shit" line when every other channel burns down.

2: Faraday Bag

Cheap, light, and mission-critical. It cuts all signals (GPS, Wi-Fi, cell). Without it, your burner phone is a tracking beacon the moment it boots.

Emergency Comms Drill

You don't want to figure this out while sirens are wailing.

1. Power on burner in a safe location, test signal.
2. Verify contacts and apps work.
3. Kill it and seal it back in the Faraday pouch.

3: Cash and Critical IDs

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- **\$200 in Small bills:** Cash. \$20s, \$10s, some coins.
 - **ID Copy:** Passport, government IDs
 - **Transit cards:** Metro cards or prepaid public transport cards with some balance.
 - **Emergency Crypto:** seedphrase for a emergency stack, monero or bitcoin.

4: Comms Backup

When cell towers die, you need a fallback.

- **Offline messaging apps** (Bitchat, Briar) pre-installed on burner.
- **A tiny notepad + pencil:** Sometimes analog beats digital.
- **Emergency contacts** written down, don't rely on memory.

5: Lightweight Essentials

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- **N95 or KN95 mask** (for smoke, tear gas, or anonymity).
 - **USB power bank + short cable.**
 - **Basic first aid:** 2-3 bandages, antiseptic wipe, nothing fancy.
 - **Energy bar or hard candy:** compact calories

